



# Class Times

## MON

REFORMER

18:00

19:00

## TUES

REFORMER

06:30

07:30

YOGA

18:00

## WED

REFORMER

06:30

09:30

## THU

REFORMER

18:00

19:00

MAT PILATES

09:30

## FRI

REFORMER

06:30

09:30

18:00

## SAT

REFORMER

08:00

09:00

